



## REQUEST FOR BOARD ACTION

ITEM NO. 2.

**DATE OF MEETING:** May 6, 2013

**REQUESTED BY:** CoastalCare (Southeastern Center for Mental Health)

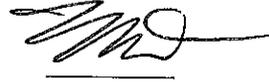
**SHORT TITLE:** Kate Murphy, Public Information Officer, CoastalCare: Presentation of Proclamation for Mental Health Month: May, 2013; & Resolution by the Pender County Board of Commissioners Authorizing Adoption of the Proclamation.

**BACKGROUND:** CoastalCare is the local government agency that provides access and oversight of services for Mental Health, Intellectual/ Developmental Disabilities and Substance Use. CoastalCare serves five counties including Brunswick, Carteret, New Hanover, Onslow and Pender. CoastalCare requests that a Board member read the proclamation and a representative will be in attendance to receive it.

**SPECIFIC ACTION REQUESTED:** To consider a resolution authorizing adoption of the attached proclamation entitled May is Mental Health Month: May, 2013.

**COUNTY MANAGER'S RECOMMENDATION**

Respectfully recommend approval.

  
Initial

**RESOLUTION**

**NOW, THEREFORE BE IT RESOLVED** by the Pender County Board of Commissioners that:

the attached proclamation entitled May is Mental Health Month: May, 2013 is hereby approved. The Chairman/ County Manager is authorized to execute any/all documents necessary to implement this resolution.

**AMENDMENTS:**

MOVED \_\_\_\_\_ SECONDED \_\_\_\_\_

APPROVED \_\_\_\_\_ DENIED \_\_\_\_\_ UNANIMOUS

YEA VOTES: Brown \_\_\_ McCoy \_\_\_ Tate \_\_\_ Ward \_\_\_ Williams \_\_\_

\_\_\_\_\_  
George R. Brown, Chairman      5/6/13  
Date

\_\_\_\_\_  
ATTEST      5/6/13  
Date



**PROCLAMATION BY THE PENDER COUNTY BOARD OR COMMISSIONERS  
MAY IS MENTAL HEALTH MONTH: MAY, 2013**

**WHEREAS**, mental health is essential to everyone's overall physical health and emotional well-being; and

**WHEREAS**, mental illness will strike one in four Americans in a given year regardless of age, gender, race, ethnicity, religion or economic status; and

**WHEREAS**, people who have mental illness do recover and lead full, productive lives, but the stigma surrounding mental illness can prevent people from seeking the medical attention they need; and

**WHEREAS**, all Americans, including combat veterans and hurricane victims, are vulnerable to chronic mental health problems associated with trauma and can benefit greatly from early identification and treatment; and

**WHEREAS**, forty-percent of those with mental illness have been arrested one or more times, and one in three of those experiencing homelessness also suffer from severe mental illness; and

**WHEREAS**, an estimated two-thirds of adults and young people who have mental health disorders are not receiving the help they need and nearly 30,000 American lives are lost each year to suicide and mental illness; and

**WHEREAS**, the cost of untreated and mistreated mental illness and addictive disorders to American businesses, governments and families has grown to over \$100 billion annually; and

**WHEREAS**, community-based services that respond to the needs of the individual and family are cost-effective and beneficial to consumers and the community; and

**WHEREAS**, Mental Health Month is observed every May nationwide by advocacy organizations to raise awareness and understanding of issues related to mental health and to eliminate the stigma associated with seeking mental health services.

**NOW, THEREFORE, BE IT PROCLAIMED THAT**, the Pender County Board of Commissioners do hereby proclaim May 2013, as **Mental Health Month** in Pender County and call upon the citizens, government agencies, public and private institutions, businesses, and schools in Pender County to recommit to increasing awareness and understanding of mental illness and the need for accessible services for all people who suffer from mental disorders.

This 6<sup>th</sup> day of May, 2013.

Attest:

\_\_\_\_\_  
George R. Brown, Chairman

\_\_\_\_\_  
Mickey N. Duvall, Clerk to the Board

# CELEBRATE MAY IS MENTAL HEALTH MONTH!

*Find your  
Pathway to Wellness*

**Turn this flyer over for a  
celebration near you!**

Brought to you by CoastalCare and the  
disAbility Resource Center



[WWW.COASTALCARENC.ORG](http://WWW.COASTALCARENC.ORG)  
[WWW.DRC-CIL.ORG](http://WWW.DRC-CIL.ORG)



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**1 IN 4 AMERICANS  
EXPERIENCE A MENTAL  
HEALTH DISORDER**

**MENTAL HEALTH  
DISORDERS STRIKE  
REGARDLESS OF AGE,  
GENDER, RACE, ETHNICITY,  
RELIGION OR ECONOMIC  
STATUS**

**30,000 LIVES ARE LOST EACH  
YEAR TO SUICIDE AND  
MENTAL HEALTH DISORDERS**

**\$100 BILLION SPENT  
ANNUALLY ON MENTAL  
HEALTH SERVICES**

**PEOPLE DO RECOVER AND  
LEAD FULL, PRODUCTIVE  
LIVES**

**THERE ARE MANY  
"PATHWAYS TO WELLNESS"**

**ELIMINATE THE  
STIGMA!**

**RAISE  
AWARENESS!**

**CELEBRATE  
WELLNESS!**

# FIND AN EVENT NEAR YOU!

## Pathways to Celebrate

DATE	TIME	EVENT	LOCATION
Friday, May 3	10:00 a.m.	CoastalCare Ribbon Cutting and Open House	CoastalCare 3809 Shipyard Blvd, Wilmington
Friday, May 3	10:00 a.m. to 1:00 p.m.	Wellness and Resource Fair (visit with local providers and advocates!)	CoastalCare 3809 Shipyard Blvd, Wilmington
Friday, May 3	10:30 a.m.	May is Mental Health Month Poster Contest Winner Announced at Wellness and Resource Fair	CoastalCare 3809 Shipyard Blvd, Wilmington
Saturday, May 4	9:00 a.m.	NAMI North Carolina Walk for Awareness	Dorthea Dix Campus Raleigh, NC
Saturday, May 4	7 :00 a.m. to 2:00 p.m.	De-Cluttering Celebration & Rummage Sale (host a table for \$10 or donate items to the disAbility Resource Center)	disAbility Resource Center 140 Cinema Drive, Wilmington
Monday, May 6	4:00 p.m.	Proclamation of May is Mental Health Month at County Commissioner Meeting	Pender County Government Building 805 S. Walker Street, Burgaw
Monday, May 6	6:00 p.m.	Proclamation of May is Mental Health Month at County Commissioner Meeting	County Administration Buildings for Brunswick, Carteret and New Hanover 63 Stamp Act Rd., Bolivia 302 Courthouse Square, Beaufort 24 N. 3rd St., Wilmington
Monday, May 6	7:00 p.m.	Proclamation of May is Mental Health Month at County Commissioner Meeting	Onslow County Administration Building 4024 Richlands Hwy, Jacksonville
Tuesday, May 7	6:30 p.m.	Proclamation of May is Mental Health Month at City Council Meeting	City Hall 102 N. 3rd St., Wilmington
Tuesday, May 7	7:00 p.m.	Proclamation of May is Mental Health Month at City Council Meeting	City Hall 815 New Bridge St., Jacksonville
Thursday, May 9	7:00 p.m.	Movie "Canvas"	Carmike Theatre 111 Cinema Dr., Wilmington
Monday, May 13	TBD	Presentation: "In Our Own Voice"	TBD (Pender or Onslow)
Tuesday, May 14	5:30 p.m.	Proclamation of May is Mental Health Month at Town Council Meeting	City Hall 706 Arendell St., Morehead City
Tuesday, May 14	7:00 p.m.	Lecture: PTSD	CoastalCare 3809 Shipyard Blvd., Wilmington
Thursday, May 16	7:00 p.m.	Movie "The Soloist"	Frank's Theatre 5200 Bridgers Rd., Shallotte
Saturday, May 18	8:00 a.m.	Crystal Coast Run/Walk for Autism	Beaufort Waterfront
Sunday, May 19	12:00 p.m. to 4:00 p.m.	Resources and Awareness (Visit our booth for community resources!)	Mayfaire Town Center 6835 Conservation Way, Wilmington
Monday, May 20	7:00 p.m.	Lecture: PTSD	CoastalCare 165 Center St., Jacksonville
Tuesday, May 21	7:00 p.m.	Movie "Out of the Shadow"	TBD (Carteret County)
Wednesday, May 22	8:00 a.m.	Advocacy Day and Popcorn Rally	Legislative Building 300 N. Salisbury St., Raleigh, NC
Wednesday, May 29	7:00 p.m.	Presentation: "In Our Own Voice"	TBD (Carteret County)
Friday, May 31	10:00 a.m. to 2:00 p.m.	Softball Game and BBQ	Fort Benjamin Park Newport

**For more information on specific events, times and locations,  
visit [www.CoastalCareNC.org](http://www.CoastalCareNC.org) or call CoastalCare toll-free at 1-855-250-1539**