



## REQUEST FOR BOARD ACTION

ITEM NO. 8

**DATE OF MEETING:** April 7, 2015

**REQUESTED BY:** Irene Edwards, El Puente NC

**SHORT TITLE:** Authorization of Funding for Community Yoga Classes: \$1,320.

**BACKGROUND:** Ms. Edwards is requesting funds in the amount of \$1,320 for a Yoga class for the next 11 months. The class is held at the Community House in Burgaw free of charge to county residents. The certified instructor will receive \$30 for 1hr 20 minutes of class each week and are paid monthly. A copy of the request is attached.

**SPECIFIC ACTION REQUESTED:** To authorize a donation to El Puente to fund an instructor for community Yoga classes for the next 11 months.



March 23, 2015

Pender County  
Board of Commissioners

Re: Funds for wellness activities  
\$1,320.00

Gentlemen:

This proposal is made on behalf of the participants in our wellness classes that take place weekly in the Burgaw Community House.

The mission of El Puente NC is to provide preventive health education and activities that promote wellness. Through the generosity of the Pender County Wellness committee we received funds to provide compensation for a Yoga instructor for 8 months and additional funds for some needed supplies. These funds will expire next month. El Puente NC does not have the funds to continue offering these classes at this time.

Please note that the Burgaw Town Commissioners provide the space at the Community House free of charge, three evenings per week. We provide 2 Yoga classes and 1 Zumba class. We serve both city and county residents and employees, and have 80 registered participants. Of these, approximately 60 participate weekly. The Town provides compensation for one Yoga instructor, and El Puente NC provides compensation for the Zumba instructor. We are hoping that the County Commissioners will provide the funding needed to continue the additional Yoga class. This amounts to \$1,320 for 11 months. The certified instructors receive \$30 for 1hr 20 minutes of class each week and are paid monthly.

Keeping residents healthy impacts the community as a whole. We sincerely hope that you will look upon this request favorably.

Respectfully,  
Irene Silva Edwards  
Executive Director

