

Pender County Health Department

...Building a healthier tomorrow...

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Health Director

EMPLOYEE HEALTH POLICY

The Big 5 highly infectious foodborne pathogens

Any food employee diagnosed with an illness due to the Big 5 must report the diagnosis to the Restaurant Manager. The food employee must be excluded from working in the food establishment and the law requires the manager to notify the local Health Department immediately.

1. E.coli
2. Salmonella
3. Shigella
4. Hepatitis A
5. Norovirus

Report to the person in charge the following symptoms of foodborne illness:

1. Vomiting
2. Diarrhea
3. Jaundice-yellow skin or eye color
4. Sore throat with fever
5. Infected wounds

Report to the person in charge if you have been exposed to foodborne illness in the following ways:

1. I am exposed to a confirmed outbreak of foodborne illness.
2. Someone who lives in my house is diagnosed with a foodborne illness
3. Someone who lives in my house attends an event or works in a place which has a confirmed outbreak of foodborne illness.

Illness symptoms action guidance:

<u>Symptoms</u>	<u>Action</u>	<u>Return to work criteria</u>	<u>Health Dept. approval</u>
Vomiting	Exclude from work	Symptom free for 24hrs. or Medical documentation stating symptoms are from a noninfectious condition	No, if not a Big 5
Diarrhea No, if not a	Exclude from work	Symptom free for 24 hrs. or Medical Documentation stating symptoms are from a noninfectious condition	Big 5
Jaundice	Exclude from work Notify Health Dept.	Medical documentation proving employee does not have Hepatitis A or other fecal-orally transmitted infection	Yes
Sore Throat With Fever	Restrict from food area of establishment	Medical documentation stating received antibiotic therapy for more than 24 hrs.	No
Infected Wound	Restrict from food area of establishment Cuts and sores must be covered with impermeable tight fitting bandage.	After skin, infected wound or pustule boil is properly covered	No

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